

# Cold Sore Clinical Form

Please submit this form at the end of the 12 week period.

Your ID

Your initials



This is your unique study ID that was assigned to you when you were accepted into the study. The ID number is used to maintain your privacy. If you have forgotten your ID, please contact NPRINE immediately by phone or by email (ctc@nprine.org.)

If you choose to fill this form out electronically, please save as a PDF on your computer so you may save your work over the course of the month. When you have filled out the entire form, please click the **Submit by Email** button at the bottom of the form.

**You may also print this form** and fax it to 207.273.8043 or mail results to: Natural Products Research Institute of New England 825 Atlantic Highway, Warren, ME 04864

## Cold Sore Assessment

**After one week of daily application, please answer the following questions:**

Do you have any sensations after applying this product? Check, Yes or No.

Yes

No

If yes, describe sensation  
(when did it occur, how long did it last?)

Are your lips less or more chapped after one week of use? Check less, more or same

Less

More

Same

Over the course of the next 12 weeks, while on treatment, please record each cold sore outbreak as follows:

	Date of Outbreak (m/dd/yy)	Duration of outbreak from Redness to Scab over in days	Time in days until healing (redness to scab gone, new tissue regeneration)
Outbreak 1			
Outbreak 2			
Outbreak 3			
Outbreak 4			
Outbreak 5			
Outbreak 6			

I have had no outbreaks during the course of the study

Over the course of the next 12 weeks, while on treatment, please record each prodromal episode (itching and tingling that did not proceed to cold sore outbreak).

	Date of Prodromal Episode (m/dd/yy)
Episode 1	
Episode 2	
Episode 3	
Episode 4	
Episode 5	
Episode 6	

I have had no prodromal episodes during the course of the study

In your opinion, were the number of prodromal episodes more, less or the same when compared to recent periods prior to treatment?

Less       More       Same

You have completed the assessment portion of this study.